



Manchester Essex Regional High School

Upcoming Dates

- 10/17 Spaulding Night of Stars Auditions 4:30pm – 7:30pm
- 10/19 Elizabeth Englander – Presentation about social media (more information below)
- 10/20 Robotics Information Meeting at 7pm for parents and students (Room 139)
- 10/21 Spaulding Night of Start Auditions 9:00 – 11:00am
- 10/23 SEPAC Meeting 4:30 pm – 6:30pm Seaside One, 14 Church St, Manchester
- 11/2 Scholarships 1.0 7:00 – 8:15am (a senior parent and student presentation)
- 11/8 College Test Prep 101 – Information Session

Dr. Elizabeth Englander, October 19, 2017 @ 7:00pm – MERMHS Auditorium

Dr. Englander is a professor of Psychology and Founder and Director of The MA Aggression Reduction Center (MARC) at Bridgewater State University, a Center which delivers anti-violence and anti-bullying programs, resources, and research for the state of MA. She was named Most Valuable Educator of 2013 by the Boston Red Sox because of her work in technological aggression and how it interacts with peer abusiveness in general.

As a school district, the Manchester-Essex Regional School District is proud to work with The MA Aggression Reduction Center (MARC) through student, faculty, and parent trainings on social awareness and anti-bullying. In addition, MERSD participates in Second Steps, YALE's RULER Social Emotional Training, and MARC's student workshops focusing on anti-bullying curriculum development programs.

There will be a presentation for students in grades 9 and 10 during the school day.

College Test Prep 101 – Information Session (FREE)

Prometheus Tutors

Wednesday, November 8, 2017

7:00 PM - 8:30 PM

Manchester-Essex Regional High School

College Test Prep 101 – Information Session. The College admissions testing process can be both tricky and stressful. How you manage the process can mean the difference between being accepted, rejected, or wait-listed. You are invited to an evening of information, questions, and answers as we host Prometheus Tutors, who will discuss strategies to help you navigate the serpentine, often murky waters of college admissions testing. Prometheus representatives will give an informative presentation, followed by a Q&A session. A similar session will be held at Prometheus on Thursday, October 12. For further information, please contact the guidance office or Prometheus Tutors at: 978-922-5540, info@prometheustutors.com

Spirit Week 2017 – Students please listen to the announcements and signage in the halls for more information

Sunday, 10/15: Decorate hallways & Senior parking lot (weather permitting) starting at 9am [Themes-Seniors: NEON, Juniors: CRIME SCENE, Sophomores: BY THE SEA, Freshmen: SOLAR SYSTEM]

Monday, 10/16: Pajama Day

Tuesday, 10/17: Toga Day

Wednesday, 10/18: Color Day [Seniors: Black; Juniors: Blue; Sophomores: White; Freshmen: Red]

Thursday, 10/19: Throwback [Seniors: 1980s; Juniors: 1960s, Sophomores: 1990s, Freshmen: Future]

Friday, 10/20: HORNET PRIDE DAY – Pep Rally

Saturday, 10/21: Dance 7-10 pm (Depending on ticket sales; Tickets on sale at lunch– No tickets sold at the door)

NHS Study Sessions

National Honor Society is hosting after school study sessions on Mondays and Thursdays from 2:20-3pm in B119. Students can drop in if they would like a study partner, homework help, or just a quiet place to work. Contact Ms. Coleman with questions colemanj@mersd.org.