

Countdown To Kindergarten 2022

Daily activities to get you ready for Kindergarten!

My Name is:



March 2022



Early Childhood Partners CFCE Countdown To Kindergarten



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		Journal. Each night have a grown up write the events of the day and read it together.	Draw a self-portrait!	Play stop and go games.	Play flashlight tag.	Sort toys by small, medium, and large.
6	7	8	9	10	11	12
Help make dinner with locally grown food.	Name 5 positive things about yourself.	Play Simon Says.	Skip, jump, and gallop!	Take books out of the library that are about feelings.	Act out a favorite story using puppets, costumes, and voices.	Share a family story.
13	14	15	16	17	18	19
Sort your books by type, color, size, and favorites.	Measure items around your house.	Make different facial expressions to show different emotions.	Organize loose change by size.	Write letters on a chalkboard or whiteboard.	Play I Spy!	Paint coffee filters to make homemade sun catchers.
20	21	22	23	24	25	26
Learn a new song. Teach it to a friend or family member.	Draw a picture of your favorite animal or pet!	Sing your favorite song.	Label feelings like sad, mad, happy, scared, etc.	Make someone smile today!	Play follow the leader. Skip, hop, jump, run, walk backwards, wiggle, etc. Practice turn taking.	Build little hand muscles. Tear up lettuce for salad. What colors and shapes are in the salad?
27	28	29	30	31		
Make towers using Legos or blocks. How many blocks? Is it a tall tower or a short building?	What is your favorite book? Read it today.	Count the steps inside your house and outside your house. Where are there more steps? Less steps?	Make color rhymes. Blue/glue, red/fed, pink/sink.	Fill a cookie sheet with shaving cream and trace letters.	Visit www.EarlyChildhoodPartners.com for updates and links to articles about transitioning to Kindergarten. Please follow us on Facebook, Instagram, and Twitter!	

April 2022



Early Childhood Partners CFCE Countdown To Kindergarten



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
Visit www.EarlyChildhoodPartners.com for updates and links to articles about transitioning to Kindergarten. Please follow us on Facebook, Instagram, and Twitter!					After reading a book with a grownup, tell them what happened in the story.	Name all the people that you live with. How many are there?
3	4	5	6	7	8	9
What colors are you wearing? Name them all.	How many letters are in your name?	Say the days of the week with someone!	Count your steps as you walk from your bedroom to the kitchen.	Write your name with sidewalk chalk.	Practice writing or tracing numbers 0-10.	Name two things smaller than you. Name two things bigger.
10	11	12	13	14	15	16
Make a picture of something you like to do in the Summer.	Go for a walk. Then draw a picture of 5 things you remember seeing.	Visit the library with someone special.	Put on a jacket with a zipper. Practice zipping and unzipping.	What number do you call in case of an emergency? What is/ is not an emergency?	Practice throwing and catching a ball.	Draw a picture using a circle, square, triangle, and rectangle.
17	18	19	20	21	22	23
Using an old magazine, cut and assemble the letters of your name.	Practice using manners.	While reading with an adult, tell where the spine, pages, and cover of the book are.	Do something kind for someone.	Be a helper around the house. Make your bed.	Tell your first and last name to someone.	Practice using scissors correctly as you cut out pictures from a magazine. Make a collage with the pictures.
24	25	26	27	28	29	30
Practice counting to 20 out loud. Can you count 20 things?	Put on a shirt with buttons. Practice doing/undoing the buttons.	Practice folding towels.	Trace or write the numbers 1-10.	What is the weather today? Is it hot or cold? Is it warmer or colder than yesterday?	Help someone make lunch!	Practice hopping on one foot.

May 2022



Early Childhood Partners CFCE Countdown To Kindergarten



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
Take a hike.	Tell an adult why you are excited about Kindergarten!	Paint a picture of your favorite place..	Draw a map of your yard, room, or house.	Have someone write the letters out of order and name all that you can.	Do a puzzle.	Play a board game.
8	9	10	11	12	13	14
Draw a rainbow with each colored stripe.	Help cook breakfast!	Cut out any numbers you can find in an old magazine. Name them together.	Guess how many spoonfuls of rice/beans/beads it will take to fill a cup. Now try it.	Write or trace your phone number and say the numbers as you write them.	Set the table for dinner. Count how many forks you need.	Draw a picture with sidewalk chalk.
15	16	17	18	19	20	21
Visit the library and read a book together.	Mix up a deck of cards and sort them by color, shape (suit), or number.	Read your favorite book with someone special.	Practice lacing your shoes.	Practice hopping on one foot - 10 times each.	Sort your socks to find matching pairs.	Use scissors to cut squiggle lines.
22	23	24	25	26	27	28
Go to the grocery store with an adult. Find 2 healthy foods you would like to try.	Practice putting rubber bands on pool noodles or paper towel rolls.	Count and do 20 jumping jacks.	Draw a picture of a favorite thing you want to do this Summer.	Practice saying, tracing, and writing your address.	Stack blocks to make a tower. How high can you go?	Zip and unzip your coat and/or backpack 5 times.
29	30	31	1	2	3	4
Sing the Alphabet Song.	Write numbers 1-10 with sidewalk chalk.	Write the alphabet with sidewalk chalk.	Visit www.EarlyChildhoodPartners.com for updates and links to articles about transitioning to Kindergarten. Please follow us on Facebook, Instagram, and Twitter!			

June 2022



Early Childhood Partners CFCE Countdown To Kindergarten



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
Visit www.EarlyChildhoodPartners.com for updates and links to articles about transitioning to Kindergarten. Please follow us on Facebook, Instagram, and Twitter!			Make a puzzle by cutting a picture into twelve wavy pieces or into different shapes.	Draw a picture of something that happened today and put it in your journal!	Post an alphabet chart. Label and talk about letters.	Strengthen hand muscles by cutting paper, play dough, or foam with child-sized safety scissors.
5	6	7	8	9	10	11
Memorize your home address.	Skip, jump, and gallop! Hop 5 times on one foot and 5 times on the other.	At the playground ask your child to count how many children are on the swings, on the slide, etc.	Practice empathy. How do other people feel? How do you know?	Plan a cooperative art project (big painting, recycle build) that encourages give&take collaboration.	Pour flour or sugar on a cookie sheet and practice writing numbers in the flour.	Play rhyming games. What rhymes with cat? What rhymes with car?
12	13	14	15	16	17	18
Follow a cookbook recipe together. Discuss taking turns and the process of waiting and working together.	Make different facial expressions to show emotion. (Happy, sad, scared, sleepy). What does each emotion feel like?	Vowel sorting! Choose a long or short vowel. Find words to match the sound.	Play Duck, Duck, Goose to practice waiting skills.	Count backwards from 10.	Paint using cotton swabs, cotton balls, wax paper, and other household materials as a paint brush.	Sing a song you know.
19	20	21	22	23	24	25
Paint coffee filters. Use a pipe cleaner to make it into a butterfly.	Match and roll socks. Count before rolling and count after rolling.	Go to the market and find the heaviest fruit and weigh it on the scale.	Make patterns out of cereal, pasta, bottle tops or buttons.	Subtract items today! Start with 10 grapes, eat one and then count to 9, etc.	Letters and words are all around us. Point them out.	Go outside for a hike with your family and name all of the colors you see.
26	27	28	29	30	1	2
Play board or card games that require taking turns and waiting.	Count out loud together.	Write your name on a chalkboard or whiteboard. Erase and do it over and over again.	Teach a friend or family member your favorite dance move!	Have a family dance party! Take turns choosing the music.		

July 2022



Early Childhood Partners CFCE Countdown To Kindergarten



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
Visit www.EarlyChildhoodPartners.com for updates and links to articles about transitioning to Kindergarten. Please follow us on Facebook, Instagram, and Twitter!					Play with play dough.	Sort toys by small, medium and large!
3	4	5	6	7	8	9
Balance on one foot and count to 5 without putting your foot down and then do the other foot. Try it again and count to 10.	Independence Day! Name the colors on the American Flag! How many colors? Count the stars and stripes.	Visit a playground and explore.	Get out the recyclables, tape, glue, and build. Get creative.	Point out objects that measure liquids by volume. A gallon of milk, 16 ounces of shampoo, etc.	Play hide and seek with stuffed animals. Take turns hiding and finding the animals.	Using a map or globe, name all of the world's oceans.
10	11	12	13	14	15	16
Play hopscotch. Say the numbers or use letters.	Have a playdate with a friend.	Cut up an old calendar or magazine using child safe scissors and make a collage.	Tell a story about what you would like to do to help a friend.	Notice numbers when you see them in addresses, store prices, on a keyboard or phone.	Read a book and point out the author and illustrator. Do this each time you read a book.	Play "who, what, & where". Who is at school? What happens at school? Where is your school? Etc.
17	18	19	20	21	22	23
Play 20 questions.	Review book components such as front cover, back cover, first and last word.	Count at the grocery store. Two loaves of bread, 5 oranges, 3 rolls of paper towels, etc.	Tonight at story time close your eyes and imagine the pictures in your head.	Help make dinner!	Write an email to a family member with an adult's help.	Play kickball. Practice kicking, running to base, counting the bases, etc.
24/31	25	26	27	28	29	30
24: Play kickball! 31: Use a paper towel tube to listen to sounds around your house.	How high can you count?	Go for a walk and collect items - leaves, rocks, feathers, flowers, etc. At home, sort the items or make a collage.	Read a book with numbers in it. Label the numbers and practice counting.	Count, write numbers, and problem solve as you do daily activities and errands.	Tell an adult 3 things you want to learn in Kindergarten!	Go to the beach and write your name in the sand.

August 2022



Early Childhood Partners CFCE Countdown To Kindergarten



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
	Make a puppet show.	Play a "memory" game.	Sing your favorite songs.	Set out everything you need for the first day of school.	Tell a well known story and make up a "silly" new ending!	Go for a walk and look for all the colors of the rainbow.
7	8	9	10	11	12	13
Practice writing and saying your telephone number.	Organize loose change by size. Name the coins.	Write words on a steamy window or mirror.	Make up a story.	Draw a picture of your family.	Practice saying the days of the week.	Practice self-help skills. Ask for help if you need it!
14	15	16	17	18	19	20
Drip paint on paper, fold over, press, and open up. What do you see?	Write your name using a different color for each letter.	Practice writing and recognizing your first and last name.	Read an ABC book.	Make a number book. Write a number on a page and decorate with the correct number of stickers.	Play jump rope.	Make patterns with coins and extend the pattern.
21	22	23	24	25	26	27
Play freeze dance. This helps develop self-regulation!	Make sets of unequal objects. Decide which set is more or less without counting.	Laundry time! Fold towels and roll socks. This develops fine motor skills and builds patience.	Act out a favorite story book using puppets, costumes, and voices.	Play "I Spy" using word endings... something ending with the sound ___?	Play card games like Go Fish and Crazy 8's.	Draw a picture of your favorite place in the entire world!
28	29	30	31	1	2	3
Draw a person in your family. Tell a story about the person you draw from their point of view.	Help set the table and count all the forks. How many?	Act out your favorite cartoon, story, or nursery rhyme.	Hello Kindergartener! You've got this! Talk with your child about what to expect this week and next.	Visit www.EarlyChildhoodPartners.com for updates and links to articles about transitioning to Kindergarten. Please follow us on Facebook, Instagram, and Twitter!		

Early Childhood Partners

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**MANCHESTER ESSEX
REGIONAL SCHOOL DISTRICT**

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